

IHSS ADVISORY COMMITTEE NEWSLETTER

December 2014

It is Time!

by Marie Cochran IHSSAC Member

My Pop was a few months short of 102. He was in good health, no prescription drugs, only vitamins. He was a cattle range cowboy, rode horses, and did cattle drives. Later Pop did 38 years on the Southern Pacific Railroad. My Pop was a very religious man, I never hear him say a bad work or talk bad about other people. He was still able to read his bible without glasses at 101. He loved to cook and steak and taters were his favorite dish. He was a kind and generous man who lived alone after mom passed. But one day he got very sick, he lasted only 8 days. On the 6th day I heard him say loud and clear "daughter, let's get this DAMM funeral underway. This pain is pure hell." Two days later he was gone. Sometime you just know, It is Time!

If you would like to find out more about being an IHSSAC Member please visit the Committee's Website at www.stancounty.com/IHSSAC

A link to applications is available at the site. All IHSSAC Members are appointed by the Board of Supervisors.

We are currently accepting applications for IHSS Consumers.

IHSS News

On January 1, 2015, new federal regulations will take effect and IHSS Providers will be eligible for overtime, travel time and wait time.

In November, the California Department of Social Services (CDSS) began mailing information to IHSS Recipients and Providers explaining the program changes.

What does this mean to you? All Recipients and Providers will have to sign new workweek agreements.

IHSS Recipients who have multiple Providers and IHSS Providers who work for multiple Recipients will need to work together to ensure that weekly hours are not exceeded. For example: if an IHSS Provider has multiple Recipients they will be limited to 61 hours per week for all the Recipients they serve so this might mean the Recipient might need an additional Provider to provide all the IHSS services the Recipient is authorized to receive.

The good news is that CDSS has built in a grace period to allow for additional training and education without penalty. The rules go into effect on January 1, 2015 but enforcement of the rules will begin on April 1, 2015. This will allow for additional Recipient and Provider education. If you have questions, please call the IHSS

Program at (209) 558-2637 and the new requirements can be explained to you.

The Public Authority will be updating its website so that the most current information is listed there and can be viewed at www.stanlink2care.org.

Timesheet Training

Starting on November 13th the Public Authority will be offering training to IHSS Providers on how to complete the new timesheet. There will be multiple sessions in the months of November and December. Please call 209-558-2637 to register for a class. All classes will be held at the Community Services Agency.

SMILE!

A young couple came into the theatre a little late looking for their favorite two seats, just beneath the balcony when they arrived they found a man lying across their favorite seats moaning and groaning in pain. They asked him to move and he just moaned. They called the manager and he asked the man to move with no response. In disgust he said to the man "where did you come from?" The man answered in a feeble voice "I'm from the balcony."

Important Numbers

| | |
|------------------|----------|
| IHSS Intake | 558-2637 |
| IHSS Payroll | 558-3976 |
| Public Authority | 558-1650 |
| APS | 558-2637 |

Stuffed Zucchini Squash

1 large zucchini
3 tablespoons extra virgin olive oil
1 cup of cheese (Pepper Jack or Monterey)
Salt and pepper

This is a good use for those giant squash one finds hiding behind leaves.



Cut squash in half lengthwise. Drizzle with olive oil and bake in a 420° degree oven until soft, about an hour. Reset oven for 375° degrees. Let squash cool slightly. Scoop out the flesh of the cooked squash. Save the squash skins. Mix squash and cheese together and place back in the squash. Return the squash to oven for 45 more minutes. Remove from oven and let cool slightly. Salt and pepper squash to taste.

One large squash feed about 4 people. The stuffed zucchini can be reheated, microwave for approximately 30 seconds.

ENJOY!

IHSSAC News

On October 21, 2014, Alma Avina was appointed to the In-Home Supportive Services Advisory Committee. The Committee sends a hearty welcome to Alma!